



## CORRELLIAN TIMES



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Spring is in the air here in the northern hemisphere. Ostara was the Germanic Goddess of the spring and dawn. Her name comes from the word “Eostre” which translated into Easter, the original name of the spring Equinox. Eostre is also associated with Eos, the Greek Goddess of the dawn and some speculate on whether the two were once one. Ostara can be felt this time of year through the whisper of the warm breeze, the birds that return from their winter vacations in the south, the buds on the trees, the tiny plants pushing through the earth after their frozen slumber. She is awakening in her glory, the maiden coming into the beauty and dawning of her life.

In the southern hemisphere, Mabon takes place. This is the time to honor the dark mother, the crone aspect of the triple goddess. It is a time to honor the darkness and shadows, the colors seen around us as the earth prepares for her slumber. The harvest has been gathered and we honor this time of balance. We say goodbye to the strength of the sun as he loses his power and the darkness begins to gain strength over the land.

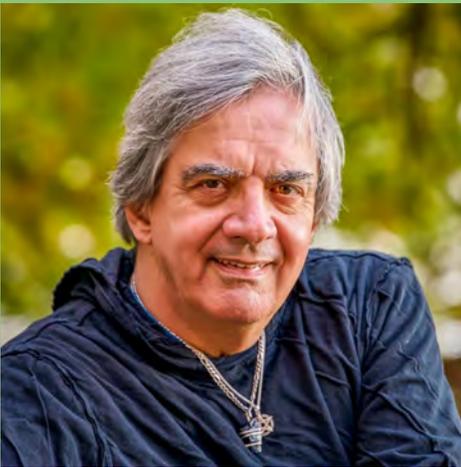
March is also Women’s History Month here in the United States. It is a time to remember the accomplishments of women throughout our history as they gained equality and a voice of their

own. Around the world we have seen the same movement as women continue to strive for freedom. What began as a little spark has grown into a fire as women everywhere continue this fight. President Jimmy Carter's message to the nation in 1980:

“From the first settlers who came to our shores, from the first American Indian families who befriended them, men and women have worked together to build this nation. Too often the women were unsung and sometimes their contributions went unnoticed. But the achievements, leadership, courage, strength and love of the women who built America was as vital as that of the men whose names we know so well. As Dr. Gerda Lerner has noted, ‘Women’s History is Women’s Right. It is an essential and indispensable heritage from which we can draw pride, comfort, courage, and long-range vision.’ I ask my fellow Americans to recognize this heritage with appropriate activities. I urge libraries, schools and community organizations to focus their observances on the leaders who struggled for equality - Susan B. Anthony, Sojourner Truth, Lucy Stone, Lucretia Mott, Elizabeth Cady Stanton, Harriet Tubman, and Alice Paul. Understanding the true history of our country will help us to comprehend the need for full equality under the law for all our people. This goal can be achieved by ratifying the 27th Amendment to the United States Constitution, which states that ‘Equality of Rights under the Law shall not be denied or abridged by the United States or by any state on account of sex.’”

## CORRELIAN SPOTLIGHT- RT. REV JON ANASTASIO, HP

By: Rev. Ser Mylinda Whiteley



I had the pleasure and honor of “interviewing” Rt. Rev Jon Anastasio, AP for our Correllian Spotlight. I will just say, it was not an interview at all but, I felt, a conversation between friends, really. I have only met Jon, in person, very recently since his recent move to Florida. It was so easy talking with him, I feel like I could’ve talked to him for hours. I was honored to have such a wonderful conversation full of insight and wisdom from this wonderful human being. I wanted to share with you all some of the wonderful things we discussed about Rev. Jon’s interesting background, to start.

**Mylinda:** How long have you been on your spiritual path?

**Jon:** I guess I could go all the way back to four or five years old. My mother took me to the backyard and pointed to a maple tree that she had planted and said, “That’s your tree. I planted that tree for you.”. That changed how I looked at trees, forever.



My mother is Slavic and I just bought my first book on Slavic witchcraft. After the first chapter, I’m realizing it’s almost Christo-Paganism because the church is so powerful in the Slavic countries. I was raised Catholic and my family was as well. I was aware of energy at a very young age but had no guidance for how to deal with it, so it scared the crap out of me.

As a teenager, I would watch the old hokey horror movies. There were a lot of very interesting metaphysical stuff built into those movies, as hokey as they were. The shapeshifting, the vampire idea and understanding that, energetically. They did not talk about that, but it was there. So, I managed to keep scaring myself with that stuff as a kid. At about age 19, I read my first book by Aleister Crowley. That really opened my eyes about the philosophy of ceremonial magic. Initially, my search for spiritual strength was fear based but I never felt the church could help me. But I always wore a cross. I wore a cross for protection because I could always sense energy.

Fast forward, I ended up going to a meeting for a group of the Baha’i faith, which is world religion that grew out of Islam, kind of the same way Christianity grew out of Judaism. I was Baha’i for 19 years and as a member of, what would be considered, clergy and part of the administrative order. I was elected to be one of the two representatives for the New Jersey Baha’i community to the national assembly and everyone was applauding me because I was running the meeting and I’m standing at the podium and I didn’t feel happy. I was now in two world religions and the reason I went to the Baha’i faith was to find Spirit, not have another job. I found that my spiritual practice was waning as I had more and more to do administratively. I ended up leaving the Baha’i faith in 1984.

I have always been very focused on metaphysical subjects. I always had crystals and loved all of the energetic stuff. I then went into the corporate world and started doing leadership development and training with behavioral science kind of things. I was using spiritual principles and basically just changing terms. I began a shamanic course and learned to journey, do shamanic divination and it led me to a Course in Miracles. It took me a few years to get through

the workbook but now I have read it three times. I find it very helpful as a course in spiritual psychology.

One day, in 2008, I was in Seattle, walking around this used book sale that the King County Library used to do every year. I went to the metaphysical section. I would always go to the metaphysical section. I was constantly reading metaphysical subjects. So, I guess, I have always been on a spiritual path, to answer your question directly. It was in that timeframe that I saw a book, “The Complete Idiot's Guide to Wicca and Witchcraft”. I looked at it and snarked at it, at first, because I have heard of Wicca and that was the “old stuff”. I didn’t need any of that. I started thumbing through this book and reading through it and said to myself “wait a minute... all she’s talking about is getting your own guidance from Spirit, which is spiritual autonomy, which is also a very big deal in Shamanism. She’s talking about divination to get your own guidance from Spirit and she is talking about focusing and directing energy to make something happen, to implement your intention”. Whether that be healing, or prosperity, or relationships or whatever it may be. The rest of it is bells, books and candles. I was unhappy in my current spiritual path.

In my core, I knew I was supposed to be doing something else. So, I asked myself, “I wonder what will happen if I work through everything she says in this book?”. I did and it worked. And it pulled me out of it. And of course, I started coming home with candles, knives and wands and the whole family is like what are you doing? I had to keep that part of my life private. I wanted to get into it more and wanted to find more groups in the Seattle area. But there’s an aspect of Wiccan communities and covens and how they work that really doesn’t resonate with me. I started looking around but decided I wasn’t ready to connect with people in person yet but thought online would be good. Then, I found WitchSchool.

I looked at WitchSchool and I looked at the Correllian Tradition. I read their values, I read the principles and all that was available in 2009, and there was a lot there. And I said this sounds good! I got a Lifetime WitchSchool membership for \$9.95. Thinking to myself, I can’t lose here, really. I looked through the courses and a lot of them I didn’t know what they were but found the course “Living the Wiccan Life”, a 48 week course. Not knowing by doing this class, interacting with Lady Krystel, not knowing who she was and how special that was. I start working through it and started to have all kinds of questions. So I start messaging WitchSchool and the person that starts responding to me is Lady Windy.

So, Lady Windy was my mentor through ‘Living the Wiccan Life’, not in a formal way, but she was my first human contact with the Correllian Tradition. She was extraordinary, as you can imagine. It was an extraordinary experience. By the end of that, I said “ok this is amazing”. What else can I do? I thought about going into it topically like akashic records, aromatherapy

but I still didn't know what I'm talking about. I get Wicca, I get the Earth based spirituality and totally buy it.

It was 2010ish, I started the First Degree class, still not knowing if I was going to be clergy. Because I wasn't looking for another job. But on the other hand, there are certain things that I gravitate to because of my skills and my knowledge. About halfway through the First Degree class, I decided yeah, I'm going to become a First Degree Priest. I had two agendas for that. One, it allowed me to run ritual for people in the tradition, to support ritual. It also gave me a credential in the community, which was useful. At that point, I had also learned Reiki and had become a Reiki Master by 2012. I was doing Reiki 1 and First Degree at the same time. In Washington state, it wasn't about the license to touch because you can do hands-on Reiki there. Anyone that is certified as a Reiki practitioner can do that. I finished First Degree and I worked with Rev. Ing, John Snodgrass. He was my mentor for that and that was fabulous. The people that I ended up connected to, have been such a gift and I was so clueless on how fortunate I was. They were just fabulous and the more I connected with them, even virtually through emails and sometimes over the phone, the more I loved the tradition and the people in it.

After I did First Degree, I was working and had a gig in Boston and traveled to Salem when Lord Don had the World of Witches Museum and Windy drove out and met me. We all hung out for a day and had lunch. I got to meet Lord Don, again, not knowing who I was meeting. That was the first time I was physically in the presence of anyone from the Tradition. It was a really good time.

At that point, I talked to Windy and she asked when I was going to do my Second Degree. Reverend Ing was my mentor through most of second degree until he retired. Lady Windy took over at the end. It was a year after I received my Third Degree, that I went to my first Lustration and did my Third Degree, in person, initiation there. As my second degree project, I did an intro to divination as a body of work gathering your own information from Spirit, for people who don't know anything about any of this. My goal was to write a guide for how you get into divination when it may scare the crap out of you or you don't know who your spirit guides are, you don't have a relationship with the Goddess and you may have only played with a Ouija board in college. The idea was to demystify it, in the sense of, you can't mess up because Spirit wants you to succeed. Spirit doesn't want you to fail. I've been through enough Reiki classes and learned the Reiki symbols. One of the principles that I was taught, in my Reiki work, was that if you draw the symbol while you're doing healing work and you draw it incorrectly, Spirit will correct it for you. The whole point is to heal and do this work, right? And so, we don't have time to make you stand in the corner. It's not about that. That is what turned into "Reclaiming Your Sacred Path" (Jon's book).

There is so much beautiful information that I want to share with you all. So, this “interview” will be over the span of a few editions. So stay tuned for more! Join me next month as my fascinating “interview” with Jon continues!

## LORD DON'S CORNER

By M. Rev. Donald Lewis-Highcorrell



Greetings all,

One of the things that I have always felt strongly about is the importance of nurturing each person's individual talents. I have always regarded this as a guiding principle in the training of our Correllian Clergy, and in the creation of our Correllian standardized materials. It is important of course that there be a certain level of knowledge and training that is required of Clergy across the board: this is why we have standardized training materials. But beyond that common baseline, each of us brings our own individual traits and skills to our vocation, making each person's spiritual path unique both for themselves in experiencing it and for others who deal with them in their vocation.

There are some teachers who mistake the importance of a baseline of knowledge for a need for uniformity among their students. These teachers expect their students to become carbon copies of themselves, with not only the same baseline of knowledge but also the same attitudes, behaviors, and, in effect, the same personality. Those who do not become cookie-cutter copies these teachers reject as 'unworthy' when in fact they are merely different. I abhor this attitude.

In my mind it is the differences between us as individuals that give us strength as an organization. A healthy organization requires people with many skills. This is why we emphasize specialization in our Second Degree materials.

A healthy Tradition requires not just good ritualists but also theological thinkers, diviners, spiritual healers, incarnational scientists, oracles, people who work with ghosts and Spirits, teachers, artificers, and many more skills. One person can combine all these skills, and indeed our High Priesthood receives training in all of these and more, but one person cannot be expected to specialize in all of these skills. Luckily, we are a collection of individuals and one person may specialize in ritual while another specializes in divination and another in working

with Spirits, etc. How much better, it seems to me, that rather than having to rely only upon what a single person can learn of all these skills we can have many people with a common baseline of knowledge but many disparate specialties in which they can achieve deep expertise.

More than this, a healthy Tradition also requires writers, record keepers, accountants, community organizers, technicians, media people, and many other people whose skills and talents are needed to create and maintain a healthy infrastructure. These people build and maintain the structure in which ritualists and diviners and teachers can function. This was never more obvious than Year 20 Aq., when the Pandemic required the suspension of most in-person services. If it were not for our members skilled in technology and media, we could not easily have adapted to this situation. As it was, we were able to continue to serve the Correllian community, and the wider Pagan community, because we do have members who possess such skills. These skills are just as important to a Tradition such as ours as are ritual and theological skills and deserved to be equally valued. These skills support the physical infrastructure that allows us to pursue our spiritual vocation on a global level and allow us to acquire and maintain our legal standing. Moreover, the person who possesses these skills is not often the same person who is an expert ritualist or oracle. A diversity of individuals with a plethora of skills is vitally important.

A healthy Tradition also requires other skills; people who can listen, people who can comfort, people who can cook and provide other infrastructure for real time events, people who will give rides to others, people who will organize relief efforts for those in need, people who are funny, people who are kind -when we think about skills we too often forget that these too are vital skills that a healthy community needs. Now this kind person, the listener, the comforter, may also be a ritualist or a technician or they may be neither -but these skills are every bit as important.



So let us celebrate all of the plethora skills it takes to create a healthy Tradition and applaud our members who express their skills and talents on so many myriad fronts. It is said that “It takes all kinds to make a world” and this is true at every level. So, thank you and bless you Priesthood and Temple Heads, Witch School Mentors, Correllian Times writers, CEM Broadcasting media folk, accountants and record-keepers, artificers, musicians, listeners and comforters, and all of you who in so many different ways are vital to our community -without you we would not be here today and could not move into tomorrow. You are the stars of our firmament, each unique and everyone needed and valued. Kudos to you.

Blessings to all!

M. Rev. Donald Lewis-Highcorrell  
First Priest and Chancellor, Correllian Tradition  
Vox Correllianus, Apu Tanglaw Liwanag, Member Triad Union

## LADY STEPHANIE'S CORNER - GAIA



By Stephanie Leon Neal

Let us consider Mother Gaia from a few perspectives, the name Gaia came from a Greek creation myth. The myth says Gaia gave birth to the universe She produced the first gods and first humans. In the artful country Greece, the culture believed in the beginning there was one primordial being named Chaos which consisted of the void, mass and seeming confusion; out of Chaos was birthed Gaia, the Goddess of earth. From Gaia sprang the starry sky God Uranus (pronounced OO-ran-ohs). She produced everything that is known as earth. Gaia, producer of all first Deities, was complete within Herself. The Greeks thought the strongest oath on earth was to swear by Gaia, because if the oath was ever broken, there was no escaping Mother Earth; the oath was irrevocable. In relatively recent modern times a few scientists use the word to mean the complete planet and atmosphere as a single complex organism. Most Pagans believe She was and is one being with which we live upon; all life depends on Her.

Gaia is sometimes depicted as a voluptuous woman Her body buried half way in the soil. Her main symbol is the planet earth other symbols are fruit, grain and soil. Though Gaia had no parents unless we want to say the receding of Chaos was her single parent. She birthed hundreds of children, some were Oceanus, Themis, Mnemosyne who is the mother of muses, Coeus, Rhea, Crius, Theia, Phoebe, Tethys, Cronus or Kronos, the Titans Hyperion and Lapetus, and the Python of Delphi. The basic thrust of Gaia's myth is: She created her first creation to be her husband naming him Uranus, while other creation stories say that Gaia and Uranus were both born together nevertheless, Uranus was cruel to Gaia and his offspring. His offspring were hideous in his eyes; depending on the myth, he locked his children inside caves. Other myths say Gaia hid their children inside Herself.

Uranus's cruelty to his wife and children was ceaseless, causing Gaia to speak to Her children to help Her subdue their cruel father. She did not ask for him to be destroyed, just subdued. The children saw how relentless he was to their mother and their siblings. The youngest child at the time, Cronus, came out of his cave to secure something sharp to wound his father enough, to render him gentle and move away from his family. It was decided a flint sickle would be the instrument of choice. Cronus approached his cruel father and castrated him. Not a morally correct decision or action, yet we all know this myth is humans trying to convey precepts beyond all of our understanding, the big bang, how energies gathered then exploded

and separated, or collapsed, how the sky and land came to be using human personalities to explain vast energy planes, galactic birthing processes of existence.



Back to the myth, Uranus understood the point and quickly fled from his wife and his children. Gaia found other mates producing many more children after this horrendous event. Once Cronus removed his father's male parts he carried them to the churning deep sea then he threw them far into the great sea. When the severed organs' blood mixed with the waves' sea foam, the Goddess Aphrodite was born, producing a Goddess from no mother. Gaia had no parents from whom She sprang, and now

Aphrodite had the blood of Her father and the water of the Sea. Out of Gaia's and Uranus' union then separation, enters the Goddess of love. Gaia birthed her husband Uranus and the Sea called Pontus, both first male creations of Gaia with no coupling, Aphrodite was born from two fathers, Uranus and Pontus or the sky and the sea. Some precepts have two sides. Although Aphrodite is Goddess of love, it is she that oversees the Furies, which were very angry female spirits of the Underworld. Their main duty was to frighten immoral men when they misbehaved. The men called them the "angry ones" and they were absolutely frightened of the Furies. The guilty conscience speaks in tormenting words and snakes. From the beginning there were Deities that had a shadow side just like us which makes sense, once again it was humans that created the Deity myths, so it is natural to add humanity's less attractive traits while they were adding superhuman traits. In an exceptionally unpleasant manner Uranus fathered a daughter Goddess through his blood, Aphrodite, who also consisted of light and shadow side through her Furies. Humans apply human flaws onto the myths they created.

In some artists; renderings show Gaia holding a key. The key essentially reveals all our growth and healing is found where we live. There is a reason why we live in a certain location, it is our key, with every location there is found yet another key to unlock another door of knowledge which was never hidden in the first place. The only things hidden are the things we hide from ourselves; Gaia always says, "Yes, the door is always open!" While keeping all things open to anyone that earnestly searches, and understands it is a process to receive, a process to integrate and a process to apply what we know to our lives and sharing with others thus Gaia gave abundantly and so shall we. If we keep life-growing secrets to ourselves that possibly means we are not even utilizing them for ourselves. If we apply our keys to our life we then naturally desire to share our precepts with everyone remembering their key is not our key.

Gaia's temples are usually outside in the open air, among all of nature, so that She may speak to Her children through the trees, sky, water, or stones. Gaia is known to speak to Her human children through prophecy, or oracle, or more often through every living thing in nature. Gaia was worshipped in quiet dark caves, which some say represent entering the dark womb of life or in remembrance of where she hid Her first children. One of the main temples originally devoted to Gaia before Apollo took over was Delphi. It was a Greek custom to place a bit of barley, honey or cakes inside an opening in the ground to encourage growth in the coming months. Gaia's process on earth remains the same, She seeds life, nurtures life, maintains life, and tries to supply abundance to Her children, however they see abundance, She provides places for Her children to sleep, awake, work and play. She prunes away old growth or the unattended, then replaces with new growth or allows the living thing space to fall into entropy to be rebirthed again. All a single cycle; a continuous regeneration from increase to decrease then increases again.

Love and Light,

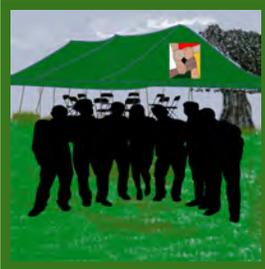
Rev. Stephanie Neal

[Correllian.com](http://Correllian.com)

[StephanieLeonNeal.com](http://StephanieLeonNeal.com)

## THE MEN'S GREEN TENT: POISON OF BIGOTRY

By Rev. Ser Chad Blackman



Good day friends! This last month at our meeting we discussed some negative attributes of society, including bigotry. There is no doubt that it is a delicate and hard subject to approach with many. However, that does not mean it doesn't need to be addressed in a civilized manner. That being said, I want to submit that everyone has this bit of bigotry ingrained in their human being. In some form or manner we all hold a prejudice against

someone or some group of people based on a principle or ideal we feel we have mastered. I suggest that holding such a limited view does just that, limits us. Without a meaningful dialogue of all sides, everyone loses. Embrace the opportunity to learn all sides of a situation, ideal or action. Having the view of being absolute right and obstinacy to disregard another view cannot help heal the wounds of a community or its individuals. In this past decade, I know personally I have witnessed atrocities of moral decay and society being rewritten in a popularity atmosphere. It doesn't mean change isn't always needed but much wisdom and discernment must be used. As a good friend reminded me not long ago, "There are always two sides to a story and then there is the truth". That is a true and defining statement that we all should recognize. Words do have power but only if you let them have that power over you. I wish that each and every one of you would learn to find something meaningful in your daily interactions. Learn to temper understanding, patience and forgiveness for others as well as yourself. Power is not defined by brute strength alone but also in wisdom, contemplation and gentleness. Join

us this month as we continue looking at the things in our lives and society that can negatively influence our empowerment as men. Until next time my friends I bid you Blessed Be.

## THE WOMEN'S RED TENT



By Rev. Pamela Griffith, HPS

*WOW* already to March. Whew that was quick! As we go into spring, the time of the maiden, we may feel more like the Crone. We women are famous for putting everyone ahead of ourselves.

Take care of the kids, the spouse needs help, mom and dad (both in-law and out-law) need some time from us and then work's calling. Sound all too familiar???

Yeah, it does, and it needs to stop. How can you take care of everyone else and totally neglect yourself?

Take some of that me time. Let's look at how:

First take a calendar for one month, broken down into days with times, now using colored pens, pencils or highlighters use the colors to show the different activities that you do.

Time	Sunday	Monday	Tuesday	Wed	Thursday	Fri	Saturday
8:00							
9:00							
10:00							
11:00							
12:00							
1:00							
2:00							

3:00		Green	Green	Green	Green	Green	Orange
4:00		Green	Green	Green	Green	Green	Orange
5:00		Green	Green	Green	Green	Green	Orange
6:00		Purple	Purple	Purple	Purple	Purple	Orange
7:00		Purple	Purple	Purple	Purple	Purple	Orange
8:00		Yellow	Yellow	Yellow	Yellow	Yellow	Blue
9:00		Yellow	Yellow	Yellow	Yellow	Yellow	Blue
10:00		Red	Red	Red	Red	Red	Blue

**Key**

**Green-** Work

**Blue-** Spiritual

**Purple-** Family

**Yellow-** Spouse

**Red-** ME

**Orange-** Friends

So, you get the object here. Take some time for you. How would you feel if someone treated you like you treat you?

Just sit down and add up how much time you spend on just you and you alone. Hopefully, there is some of that me time in your schedule.

Sometimes you just have to say no so that you can have some time for you to recharge for the next big episode in your life.

Just as you would take special time out with each child so that they got those special bonding moments with you, you need to bond to you.

And if you noticed I included a spiritual time color. Yeah, make that happen, but try to keep all the times for each activity separate. If you want, do this for each family member so that you have your times for what you need and want to do. Nothing can spoil a mood like bitter disappointment in not getting to do something, because you promised to do something you really didn't want to but felt obligated and now yuck you want out.

This may seem like a not so brilliant and it seems a rather simple way to line up your activities and see how you can get time for everyone, especially for yourself!

So as a spring cleaning, clean off a part of that refrigerator and post one of these up and see how your life can come together. And above all take care of the caregiver, she needs a special care day.

## THE RAINBOW TENT

by Rev. Silas Mimir HP ~



Welcome to the Rainbow Tent. All are welcome here. The monthly Zoom chat is the 3rd Friday of Each month at 7pm EST. Join the Facebook group for the link and to find out more information.

<http://www.facebook.com/groups/rainbowtent>

A question was asked recently about membership to this Group. Someone who does not identify as LGBTQ+, but is an ally. I approved this membership, because allies are important in all communities. With the aid of our allies, the message of love and acceptance can spread like wildfire.

We hope that you will join us!

## KRYSTEL CAVALIERS - OSTARA

By: Rev. Ser Mylinda Whiteley



Ostara, also known as the spring equinox, is celebrated on the spring equinox which usually occurs between March 20<sup>th</sup> through the 23<sup>rd</sup> in the Northern Hemisphere (September in the Southern Hemisphere). Spring is finally here! Some Wiccans and pagans would say that Ostara is the day that the goddess, Mother Earth, and the Sun God joined in a sacred marriage. This is the time when Goddess is in her maiden stage, ready to be reborn, full of growth and

fertility. This is the time when animals start to give birth to new life and leaves and flowers coming back to vibrant colors of life.

During this time, children may be more familiar with the Christian holiday, Easter. Most children may hear about Easter at school, in pop culture, such as movies, and the aisles of the stores that are filled with candy and cute baskets. Most children will be familiar with dyeing eggs and finding them once they are hidden. There are a lot of different rituals and traditions you can start with your children to help them understand more of what Ostara is about and fun ways to celebrate.

Egg hunting, egg decorating, egg eating, and egg racing are all some fun traditions you can do or start to make it fun. If Ostara happens to fall during the week, you can still egg hunt on that day. A tradition that I started with my kids, is glow in the dark egg hunting. My husband and I both work during the day, so it's dark by the time we get everyone from school and eat dinner. We started getting glow sticks and flashlights and still hiding them at night and finding them and the kids LOVE it!

One of the most popular traditions is egg decorating. There are many ways you can decorate your hard-boiled eggs. You can paint them, draw on them, use washi tape to decorate, decorate with stickers and so much more. You can also get bowls of whipped cream and food coloring and make pretty designs on your eggs too. There are SO many fun ways to decorate and so many crafts you can explore with your children. We all know about the tablets you can buy from the store, but did you know you can dye your eggs naturally?

Here are some ideas you can use for natural dye:

1 cup chopped purple cabbage = blue on white eggs, green on brown eggs

1 cup red onion skins = lavender or red eggs

1 cup yellow onion skins = orange on white eggs, rusty red on brown eggs

1 cup shredded beets = pink on white eggs, maroon on brown eggs

2 tablespoons ground turmeric = yellow eggs

1 bag Red Zinger tea = lavender eggs

\*Measurements above are per cup of water

Add one tablespoon white vinegar to every cup of strained dye liquid.

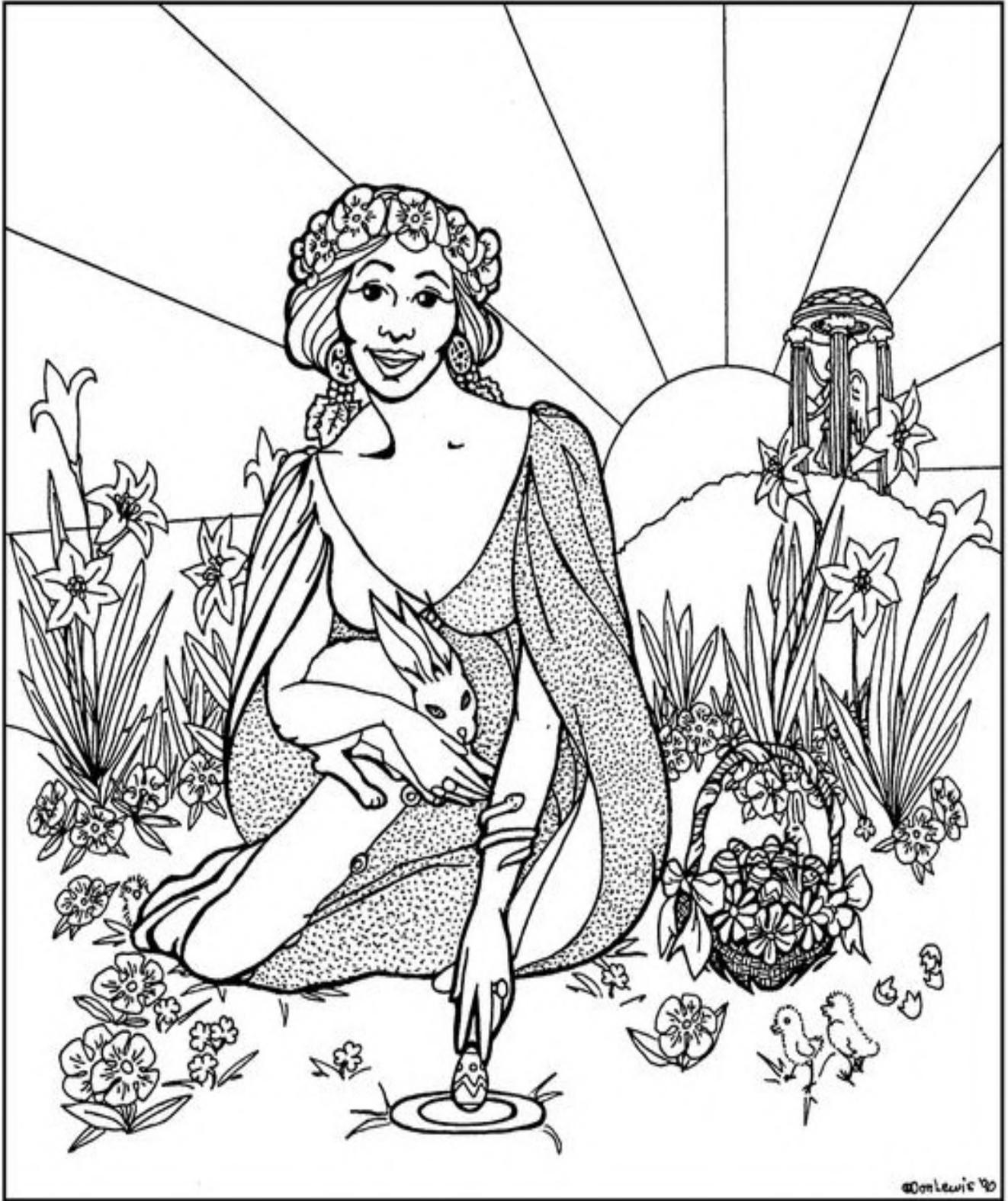
For every dozen eggs, plan on using at least four cups of dye liquid.

Add your ingredients to the water and bring it to a boil. Then turn down heat to low, cover with a lid and simmer for 15-30 minutes (time may vary depending on desired color). Remove pan and allow dyed water to cool (usually for a minimum of 20 minutes). Strain ingredients into

another pan or bowl. If you're doing multiple colors, I would recommend mason jars. Add one tablespoon of vinegar to the colored water and place the egg in the desired color. Then place eggs in the refrigerator to chill until it's reached your desired color. Mason jars, in my opinion, are easier for the chilling process when dyeing multiple eggs at once. This process is longer than the tablets you buy from the store but it is a fun way to show children another natural way of decorating as well. As always, make it fun and create those memories that the children will remember and carry on. Blessed Ostara to all!

<https://www.thekitchn.com/how-to-make-vibrant-naturally-dyed-easter-eggs-holiday-projects-from-the-kitchn-112957>





## WITCH SCHOOL HAPPENINGS

By Rev. Ser Lori Blackman, Press Secretary, AD of WSI

Greetings Witch School Family,

We are happy to announce Witch School has released a new Basic Tarot Course; **BT102- Basic Tarot** by Rev. Don Lewis for Supporting Members. We hope you enjoy this course. Keep an eye out on our social media platforms for announcements about new courses coming. No matter where you are on the wheel, Witch School brings it's family together!



Blessed Be,

The Witch School Team

Main Witch School Site - [www.witchschool.com](http://www.witchschool.com)

Witch School the Official Page on Facebook - <https://www.facebook.com/TheWitchSchool>

Witch School International Facebook Group - <https://www.facebook.com/groups/witchschool/>



SO YOU WANNA BE A WITCH!

At Witch School, you will find a variety of courses to take on many different Magical and Metaphysical subjects including, all the Degree Courses to become Clergy of the Correllian Nativist Tradition of Wicca. Witch School offers Free Basic Membership and Supporting Membership options.

So come fly on by and take a look at what Witch School has to offer.

[www.witchschool.com](http://www.witchschool.com)



## TRADITION NEWS - AN INTERVIEW WITH SER ED HUBBARD ON PAGAN WORLD

by Rev Pamela Maxwell Griffith HPS

Some of you may be aware of a new frontier that we are now entering into called Pagan.World.

I had the chance to interview Ser Ed Hubbard on his new project.

ED: Pagan.World is a directory and social community platform for pagans. After a very successful Indiegogo campaign that started 12/24/2020, we were able to start in Beta.

Pamela: How do you build a long-term platform?

ED: It started on 12/21/2020 and I was very transparent on how this was done by starting a fundraising effort and now we will have different levels for people to choose from.

Pamela: What are the levels and how will they work?

ED: **Level 1 is free** and is the seeker level. This level, like WitchVox will allow an individual to put their information up on line and you will be able to find them by a search on name or state or etc.

**Level 2 is Member Support and is \$25.00** for 13 months (May 1<sup>st</sup> 2021 to May 20, 2022). This level will give you an enhanced listing (more keywords for the search engine) where someone can search for you by city, product, teaching, Path, etc. You will be able to key in 3, 4, or 5 words to search for what you are looking for.

Pamela: ok like looking for a witch in St. Petersburg FL for a handfasting

ED: Yes, this will give you more chances of someone finding you.

ED: **Level 3 is Community and is \$50.00**. This is for groups and will include the enhanced search plus zoom rooms for rituals or teaching and pod casting. This is a great way to share resources.

ED: **Level 4 is Vendors and is \$100.00**. This level will have all of the resources in level 3 plus commercials for their stores, those commercials will be broadcast on several platforms.

ED: **Level 5 is Sponsors and is \$250.00**. This level has everything plus enhanced and priority listing that will be seen on all platforms and will have listings and commercials running on most of the pod casts.

ED: For the paid Member Support there will be a checking of certifications. If you say you are clergy with a 501(c)3 there will be a check to see if that is indeed true. WE are even looking at having a type of legal area that will be checking on rules in different states for clergy and things of that nature, but it is still in the development stage.

In raising resources, you must provide value so you can invest in the community. The different levels (member/vendor/sponsor/etc.) aspect is assuring pagans as a lifestyle and market. It will be a social communication network. Social broadcasting and online festivals to seal up that part of where we are now.

Pamela: how will you be different from WitchVox

ED: We will have a self-correcting system for broken links that will either fix or remove those links. We will do what we Correllians do and that is we archive all of our information. We have over 10,000hours of archive sound and audio, from Pagans Tonight radio and Magic TV. We are starting the Pagan Timeline where we can see a visual, in pictures, and in dates where we have been and where we are going.

WitchVox had 22 years and has no archives so all that is lost. We will be feeding social media and recording it all. Social Media helped to kill WitchVox.

You will not need to use your legal name on the sight (for registration you will need to prevent underage, criminal activity, etc.) Our Technology is 20% more advanced than what was available back then.

We have Rev. Chad Blackman as one of our IT and Oberon Zell who came on board in February 15 and will run a show the 15<sup>th</sup> of each month and we have Virtual Circle with you and Rev. Mary Hawk, and a Year in the life of a Medium with Rev Ravenwolf Greenfield.

As Bryon Ballard has said we need to find pagans locally, we know we are global. If you were to have a hurricane you would want to find help locally. WitchSchool and Pagans Tonight are all global. We know we can do that but now we need to look locally and bring us together as a community, like think globally and act locally.

Wicca is a globally recognized religion, and we are in over 180 countries, but you can't find a local pagan for a handfasting.

There may come a time where we can influence public opinion in elections and such if we can come together locally and say we have 2000 pagans in your area of 15,000 so now we have a bigger say and we can make changes locally that will lead to global changes.

There will be no selling of data (internal Cookies) and nothing will be provided with prior consent. You have control over your data.

So starting May 1<sup>st</sup> I hope to have 1 billion clicks at the end of the 13 months!!

How can you be a part of this evolution?? Go to Pagan.World that's

Pagan (dot) World and follow the instructions to start.

## INITIATIONS

We are pleased to announce the following initiations of degree students! Congratulations to you all, your hard work has paid off!! If you or someone you know is about to move up in the Priesthood, send us the name and degree and we will gladly announce it. [correlliantimes@gmail.com](mailto:correlliantimes@gmail.com).

### Correllian Outer Court

- Salena Murdock
- Scott Blair
- Autumn Blair
- Angela Blair
- Justin Blair



### Correllian First Degree Department

- Rev. Ser Mylinda Whiteley

(Rt. Rev. Ser Angela Munn AP, CCE & Rev. Ser Mylinda Whiteley)

### Correllian Second Degree Department

- Rev. Ser Chad Blackman



(Pictured left to right: Rev. Ser Chad Blackman, M. Rev. Donald Lewis-Highcorrell, Rev. Ser Mylinda Whiteley)



## CORRELIAN TRIVIA



This month's trivia question:

Where can the Correllian's Extensive Trainings be found?

Find out the answer in next month's edition!

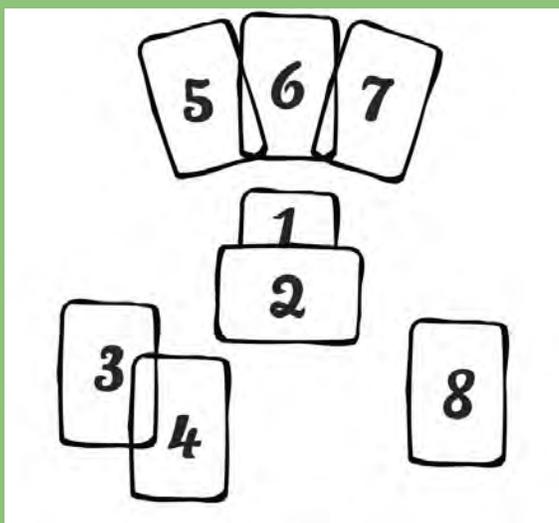
Last month's trivia question:

**Who was the first Correllian Cleric to be trained under the new system and the last Correllian initiated in the old century?**

Answer: Rev. Cweord of Chicago's Holy City Temple

## TAROT AND ASTROLOGY

by Rev. Silas Mimir HP ~



Hello again! Welcome to March. Spring is upon us, and I think it would be appropriate to discuss a Spring Cleaning spread this month. This is an 8 card spread from the Little Red Tarot Blog (<http://blog.littleredtarot.com>). The first card represents YOU. The Second card on top represents Right now. Cards 3 and 4 represent the clutter underneath the bed, and how to handle it. Cards 5, 6 and 7 represent how to redecorate and some fresh new ideas. The final card represents something that you've been holding onto, that you should really get rid of once and for all.

This month looks to be quite interesting astrologically. Beginning on March 3rd, Mars will enter Gemini. During this time it is easy to go off in many different directions, and lose focus. Clearly it is okay to gain more interests, but be sure to keep that at bay so you don't diversify too much. The new moon on the 13th is in Pisces. The New Moon in Pisces is a good time to commit to personal goals that express the positive energies of this sign. These include taking a leap of faith, accepting imperfections in ourselves and in others as a different kind of "perfection," starting a project that requires imagination and visualization skills, consciously putting time aside for peaceful and rejuvenating activities, and sharing a dream with another. With this potent Pisces energy, we have the chance to make important changes in our lives. On the 15th, Mercury enters Pisces. During this time, we are more empathic, and in tune with the emotions of others. It is easier for us to make decisions

intuitively. The Sun becomes enthusiastic and spontaneous as it enters aries on March 20th. The urge to begin projects is strong during this time, be careful not to bite off more than you can chew! The spontaneity continues this month when Venus joins the Sun in aries on the very next day. What does this mean? Simple. Now Love is also Spontaneous and direct. We end this month with the Full Moon on March 28th in Libra. The Full Moon occurs on Sunday, March 28th, when the Sun in Aries forms an opposition to the Libra Moon. It's a time of culmination and the promise of fulfillment of something begun at the New Moon. Heightened emotions, romance, fertilization, relationship drama, and epiphanies are themes. Thanks for joining us this month! (Astrology is brought to you by (<http://cafeastrology.com>)).

## CRONE'S CORNER -

By Rev. Pamela Maxwell Griffith HPS



Well, here we are already in March. What's the saying, "in like a lion out like a lamb", or "beware the Ides of March".

With Imbolc past and looking towards Ostara and the new beginnings of spring there is a difference in the Earth and in us.

As springtime comes, we see the earth bloom again and come alive. This is our time to come alive as well. Even with COVID-19 or in spite of COVID-19 we need to re-align ourselves with nature and take back some of ourselves in the process. Each new spring gives us hope and the eternal optimism to begin and renew our spirit. This is the time of the child within. Let them out to play and see things from another perspective. We've been through a very stressful time and maybe now we need to re-align with Mother Earth. So, let's play in some dirt and get dirty. I know it's still a little chilly up north, but you can start indoors and move out when it warms up.

Plant yourself a little victory garden, to celebrate the victory over winter, the blues, COVID-19 or whatever you want to celebrate.

Even in a little apartment you can cultivate a small herb garden or cactus garden or just some cool house plants. Having something living and green indoors to nurture can bring about some real change in you and your perspective.

Nothing is better for cooking than fresh herbs. Cooking, making tea or even tinctures with the fresh herbs you've grown can be a very satisfying way of practicing your witchyness. You've nurtured them, watered, fed, talked to them and now you are using them to flavor your



food/drinks and even healing with them. The circle of life in full existence.

So let's renew our spirit and ourselves by planting a little seed and help it to grow, give it life and see how it rewards you.

Even as I celebrate the December of my life the springtime always brings with it a renewed sense of life moving on to the next phase. I feel the new spring in my step as the weather warms and the sun fills us with a new sense of hope for the following months ahead. We see the first few flowers pop up through the still cold ground reminding us that we too can warm our spiritual selves and blossom with the arrival of springtime.

So, get out there, with the kids, and enjoy all the little things. Plant that garden so that you can pass on the love of nature to the next generation of witches. See the springtime and life through the eyes of a child. Even if it's your inner child, embrace them, love them and cultivate a real relationship with them.

And get that garden started!!

## MUSIC: THE MELODIC FEMININE: CELEBRATING WOMEN IN MUSIC

By Rev. Ser Eboni Nash



Over the course of my musical journey, I have been incessantly inspired by the women who have been able to break through the male-dominated field and created a name for themselves, not for money, but for the love of the craft. From Lena Horne to Stevie Nicks, the melodic feminine has been a driving force within the musical energy that has captivated us all from time to time.

One of the major similarities that all the great female musicians of this world possess is the determination to define who they are and what their musical message will be, despite what the societal norms would feel more comfortable. By being the "odd woman out," groundbreaking strides have been made in the field, making it much more common to see successful women in the arts. From the powerful and electric voice that was Aretha Franklin to the sultry edge that everyone recognizes in the repertoire of Mary J. Blige or even the more spiritual music of female groups like Libana, the Melodic Feminine grounds our musical core in the sound of the Divine Goddess. After all, She is the Ultimate playlist of our emotions, epiphanies, questions, and somehow there seems to be a song for all occasions of our lives.

Another, even more significant factor that is common among the greats is the story behind the music. So many of my heroes had humble or tumultuous beginnings, leading to future poignant expositions of their souls. It gives light to those in the midst of similar shadows, looking for any sign of understanding by someone out there. We all have gone through many things in life, and probably can think of that one lyric or one particular string of notes that brings you right back to

that moment. Artists like Lauryn Hill or Ani DiFranco come to mind when thinking of that rawness of their stories within the music they create and share with others.

Women's History Month would not be a true celebration without the notable contributions of female musicians from around the world. Standing in the forefront of progression and evolution of the musical journey, the melodic feminine is alive and well, leading our ears to the sound of the divine within all of us.

Here is a small sampling of my favorite songs by female artists. May these inspire you as much as they have me!

Circle of Light - Ani DiFranco  
India Arie - Ready for Love  
Libana - Now I Walk In Beauty  
Lindsey Stirling - Stars Align  
Lena Horne - Stormy Weather  
Stevie Nicks - Landslide  
Queen Latifah - U.N.I.T.Y.  
Aretha Franklin - Freedom  
Chaka Khan - Like Sugar

## KITCHEN WITCHERY:

### Ostara Lemon-Lavender Cake

- ½ cup softened butter
- ½ cup sugar
- 2 eggs
- 1 ½ cup self rising flour
- ⅛ teaspoon salt
- ¼ cup milk
- 1 zested lemon
- 1 tsp lavender
- ½ teaspoon vanilla extract
- 1 ½ lemon juiced
- ⅞ cup powdered sugar
- ½ lemon juiced
- ½ cup powdered sugar

Preheat the oven to 355 F. Grease an 8 by 4 loaf pan with the butter and set aside. Combine the butter and sugar, stir in the eggs and lemon zest. Fold in the flour, vanilla extract and lavender

until well combined. Add milk slowly as the batter will be thick. Pour into the loaf pan and bake for 45 minutes or until a toothpick comes out clean. During the last 10 minutes of baking make a drizzle with the 1 ½ lemons juiced and the powdered sugar. Poke holes in the cake and pour all over the hot cake. Allow to completely cool in the pan. Combine together the ½ cup powdered sugar and ½ lemon juiced. Spread the icing over the cake and decorate with the lavender and/or lemon zest.

## THE APOTHECARY

By Rev. Pamela Maxwell Griffith, HPS

# Dandelion



That pesky little weed that pops its head up early in spring and adds a golden flower to a just greening lawn. But it's not just a pesky little weed it has wonderful health properties and all parts can be used!! The greens can be eaten in a salad or soup, the roots in teas, and tinctures.

### **Medicinal:**

- Swelling (inflammation) of the tonsils (tonsillitis). Early research shows that people who have had their tonsils removed recover faster if they eat soup containing dandelion compared to those who eat soup without dandelion.
- Infections of the kidney, bladder, or urethra (urinary tract infections or UTIs). A specific combination of dandelion root and leaf extracts of another herb called uva ursi taken by mouth seems to help reduce the number of UTIs in women. In this combination, uva ursi is used because it seems to kill bacteria, and dandelion is used to increase urine flow. However, this combination should not be used long-term because it is not known if uva ursi is safe for extended use.
- Arthritis-like pain.
- Bruises.
- Constipation.
- Eczema.
- Heart failure.

- Loss of appetite.
- Upset stomach.
- Intestinal gas (flatulence). (WebMD dandelion, 2021)

**Magickal:**

The word “Dandelion” is a French word dent-de-lion, meaning “tooth of lion.” Use them in spells for confidence, bravery or courage. Also when the flower goes to seed they become wishes. They are good for altar adornment using them to surround your wish candle or just to bring in a little color and fun.



## Basil



Mmmm that mouth watering pesto or marinara wouldn't be the same with this wonderful little herb. Just a dash right before you serve the hot dish as it loses its flavor if cooked too long or in that tasty pesto. There are a few varieties of basil and along with that its followers. Even the flowers can be used in cooking. It is best used fresh as when it is dried it has the taste of hay. Not quite appetizing.

**Medicinal:**

Basil is used as an inflammatory, antioxidant and antibacterial dressing. With those healing properties it is used for arthritis, immune and infections. It can even be used to keep the mosquitoes at bay. It is used for gastrointestinal issues and even for heart health.

**Magical:**

In the Greek Orthodox tradition basil branches are used to asperge holy water. It is placed in the hands of the dead to insure a safe journey, John Keats wrote his 1814 poem on basil. Protection and even astral projection!

Works Cited

WebMD dandelion. (2021, 2 2). Retrieved from WebMD: <https://www.webmd.com/vitamins/ai/ingredientmono-706/dandelion>

## ARTS & CRAFTS



By Wolfstar Moondancer

### Rune Crochet Along

#### Materials needed:

Hook size: H or 5mm

Yarn in 2 colors of your choice

Scissors

Tapestry needle

**Row 1:** Make starting chain of 27 in Main color, sc in 2nd ch from hook, continue to the end, ch1

and turn your work (26 SC)

**Row 2:** sc 9 times in Main color, change to second color sc 4 in this color, sc 13 times in Main color in Main color, ch 1 and turn

**Row 3:** sc 13 times in Main color, change to second color sc 4 in this color, sc 9 times in Main color in Main color, ch 1 and turn

**Row 4:** sc 9 times in Main color, change to second color sc 4 in this color, sc 13 times in Main color in Main color, ch 1 and turn

**Row 5:** sc 13 times in Main color, change to second color sc 4 in this color, sc 9 times in Main color in Main color, ch 1 and turn

**Row 6:** sc 9 times in Main color, change to second color sc 4 in this color, sc 13 times in Main color in Main color, ch 1 and turn

**Row 7:** sc 13 times in Main color, change to second color sc 4 in this color, sc 9 times in Main color in Main color , ch 1 and turn

**Row 8:** sc 9 times in Main color, change to second color sc 4 in this color, sc 13 times in Main color in Main color, ch 1 and turn

**Row 9:** sc 13 times in Main color, change to second color sc 4 in this color, sc 9 times in Main color in Main color, ch 1 and turn

**Row10:** sc 9 times in Main color, change to second color sc 4 in this color, sc 13 times in Main color in Main color, ch 1 and turn

**Row 11:** sc 13 times in Main color, change to second color sc 4 in this color, sc 9 times in Main color in Main color, ch 1 and turn

**Row 12:** sc 9 times in Main color, change to second color sc 4 in this color, sc 13 times in Main color in Main color, ch 1 and turn

**Row 13:** sc 8 in Main color, sc 1 second color, sc 4 in Main color, sc 4 second color, sc 9 in Main color, ch 1 and turn

**Row 14:** sc 9 in Main color, sc 4 in second color, sc 3 in Main color, sc 2 in second color, sc 8 in Main color, ch 1 and turn

**Row 15:** sc 8 in Main color, sc 3 in second color, sc 2 in Main color, sc 4 in second color, sc 9 in Main color, ch 1 and turn

**Row16:** sc 9 in Main color, sc 4 in sec, sc 1 Main color, sc 4 sec, sc 8 Main color, ch 1 and turn

**Row 17:** sc 9 in Main color, sc 8 in second color, sc 9 in Main color, ch 1 and turn

**Row 18:** sc 9 in Main color, sc 7 in second color, sc 10 in Main color, ch 1 and turn

**Row 19:** sc 8 in Main color, sc 1 in second color, sc 2 in Main color, sc 6 in second color, sc 9 in Main color ch 1 and turn

**Row 20:** sc 9 in Main color, sc 5 in second color, sc 2 in Main color, sc 2 in second color, sc 8 in Main color ch 1 and turn

**Row 21:** sc 8 in Main color, sc 3 in second color, sc 2 in Main color, sc 4 in second color, sc 9 in Main color, ch 1 and turn

**Row 22:** Sc 9 in Main color, sc 4 in second color, sc 1 in Main color, sc 4 in second color, sc 8 in Main color ch 1 and turn

**Row 23:** SC 9 in Main color, sc 8 in second color, sc 9 in Main color, ch 1 turn

**Row 24:** sc 9 in Main color, sc 7 in second color, sc 10 in Main color, ch 1 turn

**Row 25:** sc 11 in Main color, sc 6 in second color, sc 9 in Main color, ch 1 turn

**Row 26:** sc 9 in Main color, sc 5 in second color, sc 12 in Main color, ch 1 turn

**Row 27:** sc 13 in Main color, sc 4 in second color, sc 9 in Main color, ch 1 and turn

**Row 28:** sc 9 in Main color, sc 3 in second color, sc 14 in Main color, ch 1 and turn

**Row 29 - Row 31:** sc 26 across in Main color, fasten off after completing row 31

Happy crafting!!!!

## BEAUTY - BEAUTY SLEEP

By Rev. Corri Boyett King



As of this writing, we have endured Winter Storm Uri here in the United States. The white creamy snow from the storm has left a peaceful, yet chilling aftermath covering the ground. Valentine's Day has come and gone, and we are witnessing the peak of nature's cyclic hibernation.

As a native from the Mid South United States (Tennessee), we are not conditioned to carry on when snowfall such as this occurs. Most of us stay inside; make soup; and get rest since our work closes and the roads remain dangerous. Regardless of where we live,



adequate rest and sleep is essential to our life force.

I stayed out in nature this weekend and watched the storm unravel before my eyes. The lakes were frozen and the fish had migrated to the bottom where the water is warmer for their survival. Life is naturally regenerating itself by taking a pause and a well deserved break. We know that the resurrection of new life in Mother Nature will begin soon, but for now we must



recess and allow down. Why? Because in order for the flowers to grow again, the bulbs must stay buried where they may stay warm until conditions are right for them to blossom. Likewise, it is imperative for us as human beings to rest in order to be productive in this life.

Having stress in our lives is a situation where the mileage will vary. Working, socializing and taking the time to volunteer are enlightening to our souls and the body will respond. Ideally, we should get that perfect night's sleep that is a textbook eight hours.

However, life does not always grant us that many hours in a night due to our schedules. If anyone is able, try several techniques which might help sleep to arrive better and give refreshment upon waking.

For starters, turn off the mobile phone. Do a final scroll of social media, and if need be let others know you are finished for the evening. Be sure you communicate and reassure when you will be available again. Set the phone down. Turn off the television. Make an evening ritual before bed of self care including asking Deity for peace. Count your blessings. Think of the things and people in your life which make you a better person. What gives your life meaning? Tomorrow is not promised, but we can rest to prepare for what lies ahead.

Part of the bedtime ritual also is cleaning the face and taking care of your dental needs. Sometimes the day is long with many stressors. And because of the entities and responsibilities that we are obliged with, all we want to do is crash with no self care prior to sleep. Do the best to avoid this, because the body will thank you upon waking. Working out is sometimes best if done upon waking instead of after work or close to bedtime. Regardless, a good walk and yoga will help lower the heart rate and blood pressure for an easier sleep cycle. The Circadian Rhythm of the body will eventually attune itself to the routines that we have, making sleep either peaceful or



bothersome. Overall, the body will strike balance just like nature because we are all a part of nature.

So my beauty advice for the month is to stress the importance of sleeping and resting to prevent burnout. In essence, sleep is the best way for us to get prepared for productivity. And just like the frozen lakes and the fish at the bottom, we stay cozy within our beds to eventually emerge from our dreams even if they are not comprehensive. We cannot remain awake around the clock. Altering the environment of the bedroom or wherever we sleep plays a huge part of finding rest.

May everyone keep their health at its pinnacle and may we all relax even in the heart of a storm. As the wheel turns, we will see a beautiful sliver of light to promise a new passing day of prosperity and growth. Ultimately, our youth shall be maintained from the balance of work and rest. Blessed be.

Cypress trees at Reelfoot Lake State Park during winter 2021. Photos by Rev. Corri Boyett King

## HEALTH

by Rev Pamela Maxwell Griffith HPS



*March is here and this is a big one for all of us.*

Autoimmune disease is a silent killer, ‘You don’t look sick, tired, hurting, etc.’ Been there done that!! I have Lupus, I hurt if it’s cold or I am tired or I eat the wrong thing or just from sitting quietly. It strikes without warning and can wipe me out in seconds. I moved from Maryland to Florida in search of some kind of relief. I found it in the warmth of the sun, but not directly in the sun, of course. But today as I write this piece and try to get my fingers to hit the correct keys. I wince in some pain. It is cold in Florida! Yes, it does happen here, and it is a painful reminder of why I find myself so far from my Native

soil.

I am not alone by a long shot; I am in the company of heroes and most are sheroes! It is a daily battle that is fought hard but always ends in death. There are over 100 different diseases!!! With numbers like that it is no wonder that we all know someone or someone who knows someone with an autoimmune disease. Most of us look healthy and we try to lead a somewhat normal lifestyle, but don’t be fooled we can drop in a second from almost anything. I know I look healthy and I still have a lot of energy and I run around like a tornado but, I do as most do, have my down times. Sometimes I have to say no or stop what I am doing to just rest.

Awareness is critical for finding a solution(s) or even a cure. We need to be able to become more forgiving when a loved one says I need to rest. Self-care for anyone with an autoimmune disease is not a choice but a mantra.



What may seem like silly gestures (I can't be around anyone sick) seem unreasonable until you realize that a common cold can kill, yes kill, someone with an autoimmune disease.

My diagnosis didn't come until I was in the hospital not being able to breathe at 48 and being told they didn't know what I had but it didn't look good! I'd lived through 3 bouts of cancer, died twice on an operating table and now I could die from a cold!!!!

Well, that turned me right around. Self-care took the form of a 2 year course in becoming a Holistic Healthcare Practitioner. Treating myself with lots of care, learning to love me first, and look out for me first

and finally coming to terms with it.

If you suffer from an autoimmune disease take care of you first, don't be afraid they won't call back, ask you to go again or even not like you. You need to love you enough that you are strong enough to say no! those two little letters can save your life!!

Feeling sick or just not healthy, go and have those tests run, seek out medical attention and keep going until you find some kind of answer. Then seek out the mental health that you will need to get through what you just heard. Baby steps, one at a time.

And if you are that friend take some advice and go easy on the healthy looking one. Just like mental health some physical diseases don't always show themselves. And maybe even take some advice from us and start doing a little self-care on yourself, you may save a life...it might even be yours!!



# March is Autoimmune Disease Awareness Month

## FACTS:

- »Autoimmunity affects more than 50 million people in the US
- »Autoimmunity can be genetic & tends to run in families
- »But less than 13% of Americans can name an autoimmune disease
- »There are more than 100+ autoimmune diseases
- »Autoimmunity targets women 75% more often than it does men
- »Gut health is now conclusively linked to autoimmunity
- »And autoimmune diseases are one of the top killers of women under 65
- »Immunosuppressant treatments can have terrible side effects
- »Autoimmunity often goes undiagnosed for years



All pictures

(march is autoimmune awareness month, 2021)

## MENTAL HEALTH

By Rev Pamela Maxwell-Griffith, B.S. Psych

Beware the Ides of March or the 74<sup>th</sup> day of the year which is March 15<sup>th</sup>. In 44BCE Julius Caesar was murdered and then that became a turning point for Rome.

Prior to that it was used by the Roman Empire as a deadline to settle debts.

Both references relate to a weighing in or a reckoning.

Maybe we can learn a little from our Roman forefathers. Spring is here and winter is soon to be chased away. A time of re-evaluation of the year ahead.

Maybe we should take a few minutes to evaluate how we are doing so far this year. We've had more than our fair share of stress and drama so maybe we need to take stock of how our mental health is fairing.

With the days finally getting a little longer and the sun peeking out a little more we should be feeling a little lighter and more mellow. But how do you feel, more down or gloomy??

Spring is when we do our ritual and physical cleaning out. We open the doors and windows to air out our homes, start to look at our gardens and the needed yard cleaning, but have we thought about the state of our mental health?

When was the last time you shook out the cobwebs and gave a long hard look at how you're actually feeling? Are you more tired, more anxious, less at peace?

Things just not feeling, well, right? Something feels a little off? Ok let's do a quick check and see what is going on.

Some of our witchy rites are actually good for our mental health. Journaling is an excellent way to see how you are feeling, how you are perceiving your world and how stressed your world is making you. By journaling we are not only acknowledging our feelings and thoughts, but we are expressing our emotions at that time. By going back and looking at what we have written we can sometimes see patterns or the little things that add up to something. Take a look and see how you got to this point.

Shadow work is a good way to tap into that other side of who you are. You are accepting you as a whole person, a human of complex emotions, feelings, and dreams. Get to know that person and love them. Understand that you are a very complex social animal, and at times you need to step back and gather yourself back together to see who you are becoming.

If you still feel like things just aren't right, find a professional and go see them. It may be more than just the blues. Make that appointment and go, it's a decision that may save your life!

## MIND AND SPIRIT: EXPANDING OUR VIEW



By Rev. Ser Chad Blackman

*Hello my friends!* Last month we spoke on making that cosmic connection with the higher self and the divine. This month let's talk about expanding our view outside that bubble we call our lives. Often we get so entrenched in our own events that we often miss things that others from the outside might see while we totally miss them. This happens quite often with all of us. We miss opportunities to learn and struggle with the rest of humanity as a whole. It is only through connection through spirit and meditation that we can hope to

connect back to what is the whole being. One might ask, what is the whole being? It is embracing all that we are in all aspects. It is recognizing the bad side of ourselves and acknowledging what we need to work on while celebrating the light side of ourselves. It is a constant work to balance the dark and light in each of us. We certainly can't do that alone. We need each other and the connection to the divine. It is a never ending life's work to improve ourselves. Doing our energy work each day helps to strengthen our fortitude and that connection to the divine. I implore you all to embrace each and every opportunity to grow and learn each day. Breaking out of that bubble beyond comfort is never easy but the long term rewards are well worth the work. May you all be blessed until next time.

## THE QUIET CORNER: MARCH

By Rev. Ser Stacey Blair~

Sit upon the earth, feel it's darkness, it's coolness. Feel the new life just below the surface about to grow and burst forth bringing new life, new beauty. Put your hands upon the earth, bless the soil with fertility and abundance. Imagine everything that is taking place, the creatures stirring from their slumber. The rain begins to fall upon you, upon the Earth. Feel the rain soak upon you, upon the earth, the life-giving waters. The coolness and refreshing drink from the sky. The rains stop and the sun appears. Feel the heat upon you, drying the water from your body but forcing the rain further into the ground as it dries the surface. The combination of fire and water giving energy to the earth. Feel the soft whisper of the breeze that begins to stir. Life is awakening around you, the womb of the goddess is becoming full and fruitful about to bring forth new life. Each element is important and plays a part in this dance of creation. Thank the earth for sharing her secrets and come back to reality.

**CALENDAR: MARCH**

(All times listed are Eastern US Time)

"Springtime is the land awakening. The March winds are the morning yawn." —Lewis Grizzard

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tea Thyme with Mother & Crone 3pm	<sup>1</sup> Chancellor's Chat 9 pm	<sup>2</sup>	<sup>3</sup>	<sup>4</sup>	<sup>5</sup>	<sup>6</sup>
<sup>7</sup> Tea Thyme with Mother & Crone 3pm	<sup>8</sup> Chancellor's Chat 9 pm	<sup>9</sup> World Walker Meeting 2 pm	<sup>10</sup>	<sup>11</sup>	<sup>12</sup>	<sup>13</sup> New Moon
<sup>14</sup> Tea Thyme with Mother & Crone 3pm	<sup>15</sup> Chancellor's Chat 9 pm	<sup>16</sup>	<sup>17</sup>	<sup>18</sup>	<sup>19</sup>	<sup>20</sup> Ostara/Spring Equinox Mabon/Fall Equinox
<sup>21</sup> Tea Thyme with Mother & Crone 3pm	<sup>22</sup> Chancellor's Chat 9 pm	<sup>23</sup>	<sup>24</sup>	<sup>25</sup>	<sup>26</sup>	<sup>27</sup>
<sup>28</sup> Full Moon Tea Thyme with Mother & Crone 3pm	<sup>29</sup>	<sup>30</sup>	<sup>31</sup>			

If you have any Correllian events that we should add, please contact us at [CorrellianTimes@gmail.com](mailto:CorrellianTimes@gmail.com).

## BIRTHDAYS



**February 18th- March 17th-** the Celtic Tree of Ash- Enchanter and Artist

**Rev. Ser Chad Blackman**  
**Rt Rev. Anna Maria Rowe AP, CCE**

**March 3rd**  
**March 15th**

**March 18th- April 14th-** the Celtic Tree of Alder- Trailblazer and Balance

**Rev. Ser Stacey Blair ~**

**March 26th**

## CORRELIAN HELP DESK & FEATURED ORDERS

**T**his is a section on where to find info for the Correllian. Post links along with a brief description of where to find the information. To submit your information, email us at [CorrellianTimes@gmail.com](mailto:CorrellianTimes@gmail.com). The Correllian Times does hold the policy that we publish at Editors' discretion.

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**A**t the Correllian Tradition's official website, you can find a list of all the Tradition's Temples, Proto-Temples, Shrines, Orders, and Study Groups by clicking on the "Groups" tab at the top of the homepage. Contains the Corr store to purchase badges for stoles, stoles and robes, etc. Also the place to find membership applications. [www.correllian.weebly.com](http://www.correllian.weebly.com)

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**A**t Correllian Publishing, you can find a number of items relating to the Correllian Tradition. Pick one up for yourself or a gift for someone. [www.correllian-publishing.myshopify.com](http://www.correllian-publishing.myshopify.com)

**A**t Witchschool, you will find a variety of courses to take on a number of witchy subjects. There are free courses and supporting courses for a low fee. Come and take a look and while you're there, earn your Priest/ess Degree! You'll never know what you'll find at [www.witchschool.com](http://www.witchschool.com)



**We** have a wide variety of Facebook groups and Pages for Tradition members to participate in.

**Correllian Lustration Department-** This Facebook group is the Organization, Application, and Advisory group for Spring and Fall Lustrations. The head is Rt Rvda. Alyssa Maxon Kemp, AP, CCE, FE.

**Australian and New Zealand Correllian Wicca-** This Facebook group is a place where Correllian Members living in Australia and New Zealand can gather to discuss various Correllian teachings, ideas, group events, etc.



**Order of Reiki-** The Order of Reiki for Master/Teachers of Reiki, for teaching and healing. The Order is committed to bringing the teaching and healing of the many disciplines of reiki as possible, free to all Tradition members. The Order head is Rt. Rev Anna Rowe AP. For more information you can go to <http://www.orderofreiki.org>.

## CORRELIAN GROUPS

# •CORRELIAN NATIVIST TRADITION•

If anyone would like to include a brief advert for their Correllian groups, send it to [CorrellianTimes@gmail.com](mailto:CorrellianTimes@gmail.com).



Join Rev. Don Lewis for Chancellor's Chat, Monday nights at 9 PM Eastern! You never know what we might end up talking about - magic and ritual, theology, history, art, social issues, etc but it's always interesting.



[www.facebook.com/groups/CompassionLeagueTemple](http://www.facebook.com/groups/CompassionLeagueTemple). Compassion League Temple was recognized 25 May, year 12 Aquarius and formalized September, year 13 Aquarius. They mentor First, Second and Third Degree students across the country through their Temple and WitchSchool. Headed by Rt. Rev. Ser. Angela Munn, AP.



[www.facebook.com/mysticalrainbowtemple](http://www.facebook.com/mysticalrainbowtemple) Mystical Rainbow Temple was chartered 13 May, year 18 Aquarius and formalized 19 April 20 Aquarius specifically that gives LGBTQ a pagan home on the internet. Temple Head: Rev. David K. Fortney Jr. HP~.



[www.facebook.com/ourladyofthehealingfields](http://www.facebook.com/ourladyofthehealingfields) Our Lady of the Healing Fields Proto-Temple was chartered 5 January, year 16 Aquarius. Located in Michigan, they conduct family friendly rituals and participate in the Krystal Cavaliers scouting. Headed by Rev. Ser. Stacey Blair under the imperium of RT. Rev. Ser. Angela Munn AP.



**Correllian Order of Artificers** is an Order for those that make or handle Correllian Regalia, Symbols, and Sigils in many ways, shapes, forms, and mediums, as well as other crafts.



**Correllian Order of Hursini** is an Order that focuses on the historical, educational and medicinal aspects of cannabis, while also learning different ways cannabis can be used for magickal purposes as well as spiritual growth.



**Correllian Order of Photographers and Videographers** provides a place for those interested in learning about and honing their skills of videography and photography to share their work. This is a great place for individuals to learn how to better utilize their skills or improve them with respect to lighting vs. shadows, saturation, aperture, angle, subject background/foreground, the Rule of Thirds as well as editing and alteration of photos and video. Join us if you would like to

learn more!

## CORRELIAN ADVERTISING



Advertising can be done for a price of \$12 a month for a 1-inch by 2-inch section. If you would like to submit an ad, please contact us for information. [CorrellianTimes@gmail.com](mailto:CorrellianTimes@gmail.com).



Customized Sigils: Round \$5, Square \$7. Contact Salena Murdock at [murdocksam1@yahoo.com](mailto:murdocksam1@yahoo.com).

## THE GIVERS ZONE



The Correllian Nativist Tradition welcomes your financial support!! Your willingness to help in this effort is much appreciated. Your gift, no matter how small will make a difference and provide essential support to the Tradition. Givers understand the benefits

gained by both the Giver and receiver. Have a question, contact: Rt. Rev. Ser. Mike Neal AP at [CNTFundRaisingOffice@earthlink.net](mailto:CNTFundRaisingOffice@earthlink.net).

## WITCHY WISDOM

by Rev. Silas Mimir HP ~

And here we are, another month has come and gone. We've loved others, ourselves, and have shown compassion for others. What else is left? We are all here for a reason. Discovering that reason can be a marvelous journey. It can also be filled with bumps or potholes in the road. Picking yourself up and reinventing yourself or starting over can be very difficult. Moving to a different location doesn't leave the past in the past. There are always new journeys to begin. Always remember that when one door closes, another opens. One thing to keep in mind is that if you don't close the previous door, whatever is behind it will follow you until you handle it. This is just another reference to shadow work. I won't go into that much, because Lady Stephanie does a magnificent job of giving tips and ways to work with your shadow.

What I will talk about though is healing. There are many ways to heal oneself. Reiki is only one of many different methods of energy healing. As with all healing methods, you have to want it. If you don't, then it will not work and you will remain stuck, unable to move forward. Don't forget, even in the darkest times, when all seems lost, there is still one thing left. At the bottom of Pandora's box is hope. Hope for a better life. Hope to overcome obstacles. Hope to find your purpose. Hope to find your love. Everything is out there for you to reach. All you have to do is go out there and get it.

## MARCH CORRESPONDENCES



**STONE:** Aquamarine, Bloodstone

**ANIMAL:** Cougar, Hedgehog, Boar

**FLOWER:** Jonquil, Daffodil, Violet

**RULING PLANET:** Neptune

## CORRESPONDENCE WITH THE EDITORS

Our readers are always welcome to write to the Editors. To do so, please email your correspondence to: [CorrellianTimes@gmail.com](mailto:CorrellianTimes@gmail.com)

Are you interested in writing for the Correllian Times? Are you interested in a specific topic and wish we would include it? Let us know! Recently wrote a research paper and want to share it with the Tradition? Send it to the email above!!

## TEMPLE SPOTLIGHT- COMPASSION LEAGUE TEMPLE

by Rt. Rev. Ser Angela Munn AP, CCE



Compassion League Temple started as a Correllian Witan Shrine in 2011 and was promoted to full Temple status in 2013 in the Atlanta, Georgia area. Now located in Jacksonville, Florida, Compassion League Temple mentors students for First, Second, and Third Degree across the nation.

Compassion League Temple has hosted 2 Lustrations in Florida including the Investiture Ceremony for Lady Stephanie Neal in 2016 and looks forward to hosting another Lustration in the future.

The Temple has monthly Gatherings and Rituals as well as informal social outings and field trips for local members.

CNT has a children's group, Krystel Cavaliers, that meets to teach children the value of ritual and to create pagan fellowship that might not be found in a school atmosphere.

Each core member of the Temple understands the value of self-confidence, and ambition, and adheres to the Nine Correllian Virtues: honesty, generosity, sincerity, courage, service, practicality, modesty, compassion, and piety.

Compassion League Temple invites you to connect with the Temple on FaceBook or join in for an upcoming event. You are welcome no matter what season of life you're in.

## HOLIDAY OF THE MONTH - RITE OF PEACE

by Rev Silas Mimir HP~

This month, we are taking a dive into a less known celebration, perhaps only known in the Cult of Aphrodite. To fully understand the importance of this rite, it is important to understand the two deities that are associated with it, Ares and Aphrodite. Before we start that however, one thing that can shed light upon this Rite is the fact that the Dove, often symbolizing peace, is also a representation of Aphrodite.



As many people know, Aphrodite had many lovers. Yes, she was married to Hephaestus, but as the Goddess of Love and Beauty (among other qualities), it was only natural that it would be difficult to keep her faithful. The marriage to Hephaestus was forced upon her by Zeus and Hera, so she was resentful of this from the beginning. She did have many indiscretions that she attempted to keep secret.

Aphrodite is worshipped in many forms and has many epithets. One of those, Aphrodite Areia means Aphrodite the Warlike. Areia (warlike) is an epithet that has also been applied to Zeus, Athena, and in some cases Hermes.

Ares, the God of War and Courage, son of Zeus and Hera, often represents the uncontrollable nature of physical violence. Brutality, bloodlust, and sheer strength are qualities that are often associated with Ares. To fully understand his potential, it is always good to reference the Homeric Hymn 8 to Ares:

"Ares, exceeding in strength, chariot-rider, golden-helmed, doughty in heart, shield-bearer, Saviour of cities, harnessed in bronze, strong of arm, unwearying, mighty with the spear, O defence of Olympus, father of warlike Victory, ally of Themis, stern governor of the rebellious, leader of righteous men, sceptred King of manliness, who whirl your fiery sphere among the planets in their sevenfold courses through the aether wherein your blazing steeds ever bear you above the third firmament of heaven; hear me, helper of men, giver of dauntless youth! Shed down a kindly ray from above upon my life, and strength of war, that I may be able to drive away bitter cowardice from my head and crush down the deceitful impulses of my soul. Restrain also the keen fury of my heart which provokes me to

tread the ways of blood-curdling strife. Rather, O blessed one, give you me boldness to abide within the harmless laws of peace, avoiding strife and hatred and the violent fiends of death."

The Love affair between Aphrodite and Ares burned hot with passion, but secretive. Hephaestus often worked in his workshop, and that offered the time that Aphrodite and Ares could be together. Oftentimes, Ares would have Alectryon guard the door when they lay together so they would not get caught in the morning by Helios. One night, Alectryon fell asleep. Helios saw their affair and reported it to Hephaestus. Hephaestus set up a trap for the next time the unfaithful pair met. Aphrodite and Ares were caught in the act and trapped. Hephaestus invited all the Gods and Goddesses to shame them, however the goddesses chose not to partake in this embarrassment. Ares turned Alectryon into a rooster, so that he will forever wake everyone up at dawn and fled to Thrace. Aphrodite fled to Cyprus to renew her virginity. Their children are Phobos (Fear), Deimos (Terror), Harmonia, and the Erotes (which are part of her Retinue and include Eros, Anteros, Himeros and Pothos. Also, some say that Adrestia, the Goddess of Vengeance, is also their daughter.

April begins the month for Aphrodite, and March is the month for Ares. For this reason, the Rite of Peace happens on April 1<sup>st</sup>. This is also represented in the old saying "In like a lion, out like a lamb," when we refer to the Month of March. The representation also signifies that Love overcomes war since Aphrodite is known to be the only one that can subdue Ares.

In the Mystical Rainbow Temple, we have chosen Aphrodite as our Temple Goddess. Bearing this in mind, we will be hosting a Rite of Peace in both English and Spanish on April 1<sup>st</sup>. We hope that you can join us in this necessary celebration.

Bibliography: "Cult of Aphrodite" by Laurelei Black, "Celebrate the Divine Feminine" by Joy Reichard, "Aphrodite" by Andrew Scott & Charles River Editors

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